

The Fifth Hull Young People's Parliament

26th February 2008

Report to Children and Young People



The Fifth Hull Young People's Parliament

On Tuesday 26th February 2008, 120 children and young people between the ages of 11-25 gathered in one of The Guildhall's largest rooms for the fifth Hull Young People's Parliament (HYPP).

Welcomes and introductions were given by Councillor Christine Randall (Portfolio holder for Children and Young People) and Kath Lavery (Chair of the local PCT - Primary Care Trust).

The Key Question!



The key question on the day was "What can we do about Health in Hull?" There were 24 workshops in total before lunch and everyone attending was given the opportunity to choose which two they wanted to participate in. We even managed to split the workshops into age related topics to cater for everyone. So,

under 13's and 13's and over had their own workshops designed for those particular age groups.

Everyone worked very hard by attending the two workshops before lunchtime. There were lots of issues to explore, facts to discuss and views to be aired!

Resolutions and Voting



As usual, after lunch you all came together in the Council Chamber for voting and you used this opportunity to debate and vote on the resolutions. In total, 16 resolutions were put forward and only 12 managed to make it through! These were:

- To establish a young people's forum aimed at raising awareness of mental health and reducing stigma.

- To encourage children and young people that being different is okay and a positive thing.
- Schools need to work together to get more ideas on how to tackle bullying. If something works in one school then it can work in another.
- More drugs education in schools using images and ex-users.
- We think that every child in hospital should get a 'My Stay in Hospital' diary.
- To have events about traditional food, culture and backgrounds. More cultural events for children and young people focusing on how people are different and how they can live together.
- Stop underage drinking and to fine shops who don't ask people for ID when they are buying alcohol and tobacco.
- Some Leisure Centres should have free activities for young people or become cheaper for young people to be involved in exercise - related activities.
- To change the Tonic Card using times to include evenings and to extend the age of the Junior Tonic Card for young people over the age of 16
- To use the media more positively to raise awareness about bullying.
- To educate people on access and the use of correct equipment in disabled toilets so that we can get fully equipped toilets in the city centre of Hull.
- To have better facilities in Schools for disabled children and young people.

Local Action Points



These were tried at the last HYPP and they seemed to work really well so you asked us to keep them! An action point is something small and manageable that we asked you to think of that would in some way make sure that you didn't all go home thinking what a great day you all had with nothing to show for it! So, during lunchtime we also gave you the

opportunity to get into your small groups and come up with some ideas that you could work on to help improve health in Hull! You all did brilliantly in identifying 14 ideas that you would work on over the coming weeks and months - here's a few of them.

- A group of pupils want to talk to their Head teacher about 'colour coding' food trays in their dining hall.
- Promoting healthy packed lunches and diet.
- To get somewhere for children and young people to go to for emotional support - train more workers.
- Get more access to water at school.
- To have more posters / flyers about being healthy.
- Provide halal food in schools.
- To get more adverts in magazines about the effects of smoking.
- To hold more discussions within our group about health topics to educate young people.

Hopefully, someone from Hull Youth Council has been in touch with you (or will be soon), to see if you need any help in achieving your Local Action Points. We also hope to show how some of you got on with them at the next Parliament meeting / celebration event in July 2008. So, if you have any posters / updates etc that you would like to share with everyone at the next Parliament then send them into Hull Youth Council and we will display them for you.

Issues and Conversations



During this Parliament you were able to choose from a range of health workshops which young people voted on last year.

Under 13's took part in workshops on:

Keeping Fit
Healthy Eating
Bullying

Body Image

Feeling Good About Yourself

Tobacco and Alcohol

Doctors and Nurses

13's and over took part in workshops on:

Drugs

Sexual Health

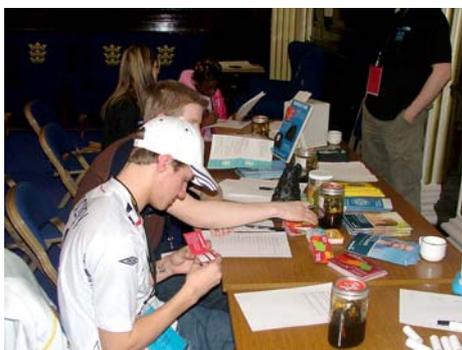
Smoking

Alcohol

Mental health

Bullying

Keeping Fit



Your discussions and ideas have been highlighted through the Resolutions and

Local Action Points but we know that there were loads more ideas on top of these. Here is a flavour from some of those we managed to get hold of:

What can we do about Health in Hull?

What You Said

- There should be more support to stop drinking and smoking.
- There should be more disabled toilets within the city.
- Stiffer punishments for drink drivers.
- People should be educated that disabled toilets are no use if they can't be reached or don't have the proper equipment.
- Make cigarettes and alcohol more expensive.
- There should be more disabled toilets in the St. Stephens shopping complex, The Guildhall and the City Centre.
- Put a limit on how much alcohol people can buy.
- People need to know the impact of not having more disabled toilets - sore tummy, feeling sick, having to wear pads and pain and infection.
- People who drink and smoke should be placed at the bottom of NHS lists as they have caused their own problems.
- Ban vending machines from all pubs and public places.
- Introduce a licence to smoke.
- Increase the age to buy alcohol to 25 - 30.

What's Next?



As always, we will be trying to make sure that all your suggestions and concerns about Health are taken to those people who can change things and make things better.

We will also be taking your concerns to Councillor Christine Randall (Portfolio holder for Children and Young People), Nigel Richardson (Director of Children and Young People's Services), Pauline Dumble (Head of Health and Well-being), Kath Lavery and Chris Long from the PCT (Primary Care Trust) so they can personally hear what you had to say.

What you thought of the day!

The majority of what everyone thought about the day was really positive. We are always trying to make things better as each Parliament passes and we always take into account what you have told us. We had 27 responses from you - here's what you told us.

Have you learnt anything today?

Have you learnt anything today?

Yes	No
25	1

- That everybody should be treated equally
- To be confident
- Healthy eating, how bullying starts and reasons for it
- Everyone has an opinion
- To express my feelings
- Lots!
- To Vote
- How important health was!
- Health is important
- I have been reminded of stuff I already know but in a good way
- Things about health

- Bullying and sexual health
- Lots - activities I can do
- What a tonic card is
- All about smoking
- That you can get lots of tar in your body over years
- About tobacco and alcohol and bullying
- About both healthy eating and mental health issues. Also local children and young people's views
- We should deal with problems better
- Loads, and to listen to other people's opinions
- I have learned about smoking
- About health mentally and sexually
- People's opinions and facts on healthy eating

Have you enjoyed today?

No	0
It was okay	6
Yes	21

- Liked doing the voting in the afternoon. Didn't like the way certain parts were organised.
- The workshops were good and interesting
- I have not enjoyed the food
- Yes I enjoyed the food
- Not being able to say your opinion enough in the debate
- Sometimes the Parliament at the end got a bit boring
- Have enjoyed meeting others, sharing ideas, talking about the health issues
- Because never been before. I liked the dinner and cups of tea
- Because we are helping people
- I have enjoyed being in the groups
- It was really interesting
- I enjoyed everything
- I liked the debate but would of preferred more time to express my opinions
- All of it
- Everything especially the council chamber
- The debates and small lessons
- None, it is all good
- Drugs

- The voting part
- Good day out
- I enjoyed about health
- We talked about problems
- I have enjoyed the workshops

Is there anything you would like to see changed at the next Hull Young People's Parliament?

- More people
- Change the food for the next one
- More activity in the workshops to make it more interesting and fun learning
- Better organised workshops, longer with more involving activity
- More creative and fun
- Clearer structure of the day would be good. Workshops were not focussed on resolutions they were more like lectures. Some language from chairs/speakers was not confident and not child appropriate
- We could have more workshops
- Yes, get to go to more of the groups
- More time and fun workshops
- No not really
- Maybe making things (activities)
- More workshops and also things we can say/split our ideas
- Yes, the food!



Did you know?

- To date we have had five Hull Young People's Parliaments and the total number of everyone who has attended so far is a staggering 681 - WOW!
- The number of resolutions debated in the Council Chamber so far from all five Parliaments is 45.
- The number of groups that have registered to take part in the Hull Young People's Parliament is 96. These have included 23 Primary Schools, 15 Secondary Schools, 12 BME groups (Black & Minority Ethnic), 44 Youth groups and projects and 2 Special Schools.
- The total number of workshops / conversations delivered so far has been 92! That's a lot of talking!
- And finally, a whopping 3,000,000 (three million) cups of tea and coffee have been drank! Well, this one is actually made up but a few more Parliaments and we might just get there!

Don't Forget!

If you want to get more active within your local community, contact Hull Youth Council to find out about your local Youth Forum or join CHYP (Coalition for Hull's Young People). Contact Hull Youth Council on (01482) 585297 for more details.



A BIG Thank You!

A great big thank you to you all for getting involved in the Hull Young People's Parliament. Hopefully, you should have received your certificate for attending already! If you haven't, please let us know.

Thank you also to the adults who supported you on the day and who will be helping you stay active and involved in your own groups. A big thanks also to all the facilitators, helpers, funders, guests, advisers, Phillip Lofas (for the 'Make it Reel' DVD), and The Guildhall staff for making sure things ran smoothly again.

Furthermore, well done to Chantelle from Andrew Marvell Youth Centre for winning our HYPP logo competition. The new design can be seen on the front cover!

AND FINALLY!

A date for your diary! (Young People and Adults)

- Thursday 3rd July 2008 (venue tbc). This will be a celebration event of your achievements so far and to look at what's next for the Hull Young People's Parliament. Your invitations will be out sometime soon!

