

Measles, Chicken Pox & German Measles, Mumps & Whooping Cough

Measles—children can go back to school four days after the rash has started.

Chicken Pox- children should go back to school five days after the rash has started.

German Measles- children should go back to school six days after the rash has started. Please let the school know, as pregnant members of staff may be affected.

Mumps- children should go back to school five days from the start of swollen glands.

Whooping Cough-children should go back to school five days after starting antibiotics. Non-infectious coughing may continue for weeks.

What else do I need to know?

Medicines in school

Children can go back to school even if they are taking medicines. Parents/carers are asked to come into school to administer medicines to their children as prescribed by their GP.

Please discuss with the headteacher

For further advice: you can also contact NHS Direct on 0845 4647 and www.nhsdirect.nhs.uk and also your local pharmacist for help and advice.

Stepney Primary School Medical Guidance

Should my child go to school today?



Think Twice!
Every Day At School Counts!

Please note: This is general guidance that the school has been given. This does not replace any advice given by a GP or other medical professional.

Conjunctivitis

Children can go to school. They should be encouraged to wash their hands to prevent further spread of infection.

Coughs and Colds

Children should be given paracetamol, plenty of fluids to drink and can be sent to school.

If your child is asthmatic, remember they may need their inhaler more often.

Diarrhoea and Sickness

Children can return to school, 48 hours after the last episode of diarrhoea or sickness.

Flu and Swine Flu

Children should go back to school when recovered—this is usually about five days.

High Temperature

Give paracetamol and plenty to drink. After paracetamol, if your child feels better, bring them into school. If the child's high temperature continues for three days or more, seek medical advice.

Scabies

Children can go back to school after the first treatment.

Headache, Earache and Stomach ache

Children with headache, earache or stomach ache can go to school—just let the staff know they have felt unwell.

Give paracetamol and plenty of fluids to drink.

If headache, earache or stomach ache persist, then seek medical advice.

Sore Throat, Tonsillitis and Glandular Fever.

Children should be given paracetamol, plenty of fluids to drink and can be sent to school.

Impetigo

Children can go back to school when their lesions are crusted or healed, or two days after starting anti-biotics.

Hand, Foot and Mouth Warts, Verrucae, Athletes Foot

Children can go to school. Verrucae should be covered in swimming pools and changing rooms.

Head lice

Children can go to school with head lice but they **MUST** be treated for the condition to prevent further spreading. Parents should treat their children and other family members by wet combing with a nit comb and conditioner.

See your school nurse for further advice.