

Week 3 Week commencing: 8/5/17 19/6/17 10/7/17

Monday

Option 1:

Meatballs in a tomato sauce, pasta and Seasonal Vegetables.

Allergens: **2, 7, 14.**

Option 2:

Vegetable and Bean Burrito, Rice and Seasonal Vegetables. (V)

Allergens: **2.**

Dessert:

Fruit Platter or Raspberry Ripple Sponge and Custard.

Allergens: **2, 4, 7.**



Tuesday

Quorn Chilli, Rice, Garlic Bread and Seasonal Vegetables.

Allergens: **2, 4, 5, 7.**

Omelette, Potato Wedges and Seasonal Vegetables. (V)

Allergens: **2, 4, 7.**

Fruit Platter or Sticky Toffee Pudding and Custard.

Allergens: **2, 4, 7.**

Wednesday

Chicken Breast Burger, Potato Wedges, Coleslaw.

Allergens: **2, 4, 7, 9.**

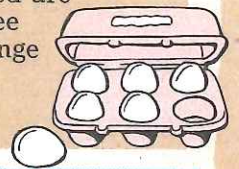
Vegetable Burger, Potato Wedges, Coleslaw. (V)

Allergens: **1, 2, 4, 7, 9.**

Fruit Platter or Red Velvet Berry Cake and Custard

Allergens: **2, 4, 7.**

all of our eggs used are Free Range



Thursday

CARVERY: A selection of Meats, Mashed or Roast Potato, Yorkshire Pudding and Seasonal Vegetables.

Allergens: **2, 4, 7.**

Quorn Chicken Mashed/ Roast Potatoes, Yorkshire Pudding and Seasonal Vegetables. (V)

Allergens: **2, 4, 7.**

Fruit Platter or Jelly and Icecream Sundae

Allergens: **7.**

Freshly prepared Salad Bar & Bread baked daily



Friday

Battered Fish, Fishfingers or Fishcake with Chips and Seasonal Vegetables.

Allergens: **2, 5, 7, 9, 13.**

Mediterranean Vegetable Quiche, Chips and Seasonal Vegetables. (V)

Allergens: **2, 4, 7, 9.**

Fruit Platter or a selection from the

Great Friday Bake Off

Allergens: **2, 4, 7.**



With unlimited Vegetables or Salad to accompany the meals. Subject to seasonal variations